

COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

October 2011

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Vivian Durden Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8 a.m.–5 p.m.
 Weekends 9 a.m.–5 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962

Emergency - (404) 861-8304

E-mail - marketing@coventryplace-ga.com

Fire, Police, Ambulance - 911

Coventry Beauty Shop - (404) 294-9695

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.



PLEASE KEEP YOUR VOLUME DOWN

Please keep the volume down on your television and radio. The sound carries in these concrete and steel walls and is very disturbing for those who are trying to sleep.

If you have a hearing problem, you probably don't realize how loudly you are playing your television and radio. If you'll purchase head phones, you'll be able to hear without disturbing your neighbors.

In consideration of your neighbors and friends, please KEEP YOUR VOLUME DOWN from 10 P.M. until 8 A.M.—low volume is a must.

WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during September, after the newsletter was published, and those who will be moving in October.

BE A GOOD NEIGHBOR AND SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging; so, let's all be good neighbors.

HELP
WE HAVE NO NEW RESIDENTS THIS MONTH



\$200

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200.



COVENTRY PLACE CAREGIVERS

Continuing with our coverage of our wonderful caregivers. At the right, you see three more. Remember to stop by the office and tell us about your experiences with these ladies. Recognition of their caregiving means a lot and I know they would appreciate having your comments in their file.

First is Sonja Dailey. Sonja has been with us since April 2010. She works Tuesday and Wednesday from 3 to 8 p.m., Thursday from 3 to 11 p.m., Friday and Saturday from 3 to 8 p.m. and Sunday from 7 a.m. to 3 p.m.

Second is Linda Zachary. Linda came to Coventry Place January 2011. She works 7 a.m. to 3 p.m., Monday through Friday.

Third is Sheila King. Sheila also came to us in January 2011. She works from 3 to 8 p.m., Monday through Thursday, and 7 a.m. to 3 p.m. on Saturday.

Thank you, ladies. We're very fortunate to have loving, caring caregivers like you all.



SONJA DAILEY



LINDA ZACHARY



SHEILA KING

Wit & Wisdom



2012 RESIDENT COUNCIL BOARD

Above are the pictures of our new resident council board for 2012.

Seated from left: Anna Chiles, Vice Chairman, and Jean Hilbun and Sylvia Okula, board members.

Standing from left: Lucie Anderson, board member, Mary Ferry, Secretary, Sara Adams, Chairman, and Horacetine Vann, board member.

As the director here at Coventry Place, I want to say a huge thank you to these ladies. (Where are you gentlemen?) All communities need leaders. In the next few months, the board will be working on our committees. Please participate. Be a part of your community; be active in your home.

The Resident Council meets bimonthly, January, March, May, July, September and November. The meeting is scheduled for the first Monday of the month. Mark your calendar.



HAVE YOU EVER MET MILLIE?

Think she's only amazing to you?

Look behind the scenes, a dynamo worker, it's true.

Though she has a big family, she's committed to Coventry, too.

Trying to keep up with her work pace is so hard to do.

One minute she's here, the next minute we're stunned.

She's back and forth all day, most of the big jobs in the kitchen already done (birthday lunch, wine and cheese and lots more).

You're awesome Millie.

Shout out everybody, let Millie know that Coventry knows.

By Vivian Durden

"Football is a game played with arms, legs and shoulders but mostly from the neck up."

—Knut Rockne

"Sure, luck means a lot in football. Not having a good quarterback is bad luck."

—Don Shula

"Baseball is what we were, and football is what we have become."

—Mary McGrory

"I had pro offers from the Detroit Lions and the Green Bay Packers, who were pretty hard up for linemen in those days. If I had gone into professional football, the name Jerry Ford might have been a household word today."

—Gerald R. Ford

"The reason women don't play football is because 11 of them would never wear the same outfit in public."

—Phyllis Diller

DINING ROOM SERVING HOURS

Breakfast

7:15–8:15 a.m.

Lunch

12–1 p.m.

Dinner

5–5:30 p.m.

THE DINING ROOM

CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.

2. Listen to announcements.

3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.

4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

Decatur Heights

Baptist Church

Sunday, 9:20 and 10:15 a.m.

N. Decatur Methodist Church

Sunday, 10:35 a.m.

1st Baptist Church of Decatur

Sunday, 9 a.m.


1st Baptist, Avondale Estates

Sunday, 9:10 a.m.

St. Thomas More Catholic Church

Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
REMEMBER TO USE THE SUGGESTION BOX		
2	3	4
3:00 Hymn Sing-along Followed by Chapel Service	10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Music and Dance Therapy 3:45 Veggie Truck HAPPY BIRTHDAY LOIS BOWEN	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 10:45 Study of the Beatitudes Led by Dr. Frances Calder 2:30 Bingo
9	10	11
3:00 Hymn Sing-along Followed by Chapel Service	COLUMBUS DAY 10:00 Sit and Be Fit 12:30 Foot Wear - Walking on Clouds 1:30 Dr. John Noonan 1:30 Shopping at Walmart 2:00 Sit and Be Fit 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 12:15 Birthday Luncheon 2:30 Bingo 7:00 Decatur Sing-along 8:00 Fire Drill HAPPY BIRTHDAY DOROTHY BESAL ALICE WEAVER AUDREY WALTHALL
16	17	18
3:00 Hymn Sing-along Followed by Chapel Service	10:00 Sit and Be Fit 1:30 Dr. John Noonan 2:00 Sit and Be Fit 2:30 Let's Play Scrabble or RummiKub 3:45 Veggie Truck HAPPY BIRTHDAY BETTY YOUNG	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo
23/30	24/31	25
3:00 Hymn Sing-along Followed by Chapel Service	<u>OCT. 24</u> 10:00 and 2:00 Sit and Be Fit 3:45 Veggie Truck HAPPY BIRTHDAY CONNIE BRILLHART <u>OCT. 31</u> 10:00 and 2:00 Sit and Be Fit 3:00 Halloween Party With Dolly O'Dell-Costume Contest 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo

Wednesday	Thursday	Friday	Saturday
 <p>NATIONAL CRIME PREVENTION MONTH</p>			<p>RENT DUE 1</p> <p>10:30 Hug a Puppy</p> <p>1:00 Arts and Crafts in the Card Room - Halloween Fun Art</p> <p>2:00 Games of Your Choice</p>
<p>RENT PAST DUE 5</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:30 Let's Play RummiKub In the Card Room</p>	<p>6</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Movie Matinee "THREE FUGITIVES" With Nick Nolte</p> <p>HAPPY BIRTHDAY FREEMAN KING</p>	<p>7</p> <p>10:00 Sit and Be Fit 11:00-1:00 Rosie's Jewelry</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>8</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p>
<p>12</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle</p> <p>2:00 Sit and Be Fit 2:30 Vivian's Delicious Delicacies</p>	<p>13</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>3:00 Happy Hour With Wine and Cheese in the Card Room</p>	<p>14</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>15</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p>
<p>19</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:00 Wilda's Wellness Workshop</p> <p>6:00 Communion and Worship Service With the Reverend Tom Haygood</p>	<p>20</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:00 Ice Cream Social Sponsored by Serenity Hospice</p>	<p>21</p> <p>10:00 Sit and Be Fit 10:30 Jaemor Apple Farm and Dining Out at Corner Cafe</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>22</p> <p>2:00 Games of Your Choice</p> <p>HAPPY BIRTHDAY CLAUDIA LOWERY JOHN BEAVERS</p>
<p>26</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 2:00 Sit and Be Fit 2:30 Movie Matinee "THE FISHER KING" With Robin Williams</p>	<p>27</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Tea and Hat Social In the Card Room</p>	<p>28</p> <p>9:30 Shopping at Walmart 10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>29</p> <p>2:00 Games of Your Choice</p>

GO SHOPPING



HALLOWEEN 2010

The costumes were really great last year; let's do it again. The party is on Oct. 31. You have plenty of time to find something, so get busy. There will be a contest.

Dolly will be entertaining again.



Connect Near or Far With Collective Crafts

Making memories with grandchildren doesn't have to happen face-to-face. Don't let miles come between you and your grandkids—close the gap by providing ways you can interact together, such as long-distance craft projects. Send special packages that include all the items kids need so you can do the project "together." Here are some activities that create bonds and can be done near or far:

Snowman in a box: After a snowfall, send your grandchildren all the "ingredients" they need to assemble the perfect snowman. Pack up an old hat, scarf, some buttons for eyes and a mouth and other accessories. Include a special note from you and ask them to

send you a picture of the snowman you built together.

Multi-step masterpiece. Sketch a scene on a blank canvas or poster board and mail it, along with an assortment of washable paints and paintbrushes to create a collaborative work of art.

Joint photo album. Buy a photo album and fill the first spread with recent pictures of you with friends and family or you doing things you enjoy. Mail the album to your grandchildren and ask them to fill the next spread and send it back. Keep rotating until the book is full.



JAEMOR FARMS is a roadside market experience that awakens your senses as you enjoy shopping the variety of produce grown on the 200+ acre farm that sits behind the humble north Georgia roadside farm market.

NEW ACTIVITIES

There are two new programs on the calendar this month, a Bible study and Dance Music Therapy.

The Bible Study will be on the first Tuesday of every month from 10:45 to 11:30 a.m.

The Dance Music Therapy will be every Monday at 2:30 p.m. in the card room. This is sponsored by Homestead Hospice.

We'll also be visiting Jaemor Apple Farm and dining out for lunch on Oct. 21. Jaemor Farms is in Alto located in northeast Georgia. We'll have lunch at Davis Corner Cafe. Great food! Then we're off to Jaemor Farms.

THE MAN IN THE MOON

Have you noticed the face on the
"Man in the Moon"

As he travels across the night sky?

His face has two eyes, a nose and a
mouth with a smile looking ever so sly.

Sometimes he is clouded and quite
hard to see but at other times ever
so clear,

Looking down from the sky with his
light shining bright

So the darkness will not cause
us fear.

He can go behind clouds and then
re-appear

As if he were playing hide 'n seek

When you're in bed you could move
your head

So out of the window you'll peek.

The moon is your friend while
smiling at you

Removing the dark from the night
So next time you see him up in

the sky

Smile back at that face full of light.

By Mary Ferry, #206

WINE AND CHEESE PARTY



New resident Lois Vandame, who
moved in on Sept. 15, was at the wine
and cheese party on Aug. 25. Welcome,
Lois.

KLUMP KLUMP!

In my residential neighborhood
Beware the traffic BUMP.

To ignore it while maintaining speed

Makes one an everyday CHUMP.

Approach at 45 or more

Converts your auto to a CLUMP.

You might as well drive it then

Straight to the nearest DUMP.

Transitioning your darling self

To an ordinary FRUMP.

Believe me, you are not

A modern FORREST GUMP.

You are as likely to cross a

Ten foot pot hole with a JUMP.

So slow it down when you go

to town

Or prepare to earn a LUMP

As you inflate your neck and jaw

With a temporary MUMP.

So go back to that pot hole

And this time with a PUMP

To motivate the water

While you empty out the SUMP.

May you never know the sadness

To find you're in a SLUMP.

Then you will feel as engineering

As dear old DONALD TRUMP.

By John Beavers



HUG A PUPPY

Waydene and Sara are enjoying one
of the puppies that visited us. They
come on the first Saturday of the
month, unless it's a holiday.

Nostalgia

Happy 50th, 'Dick Van Dyke'

"The Dick Van
Dyke Show" featured
the antics of comedy
writer Rob Petrie
(Dick Van Dyke), his
wife, Laura (Mary
Tyler Moore), and
zany colleagues
Buddy (Morey
Amsterdam) and Sally
(Rose Marie). The
show premiered on
Oct. 3, 1961. In
honor of the TV series'
golden anniversary,
here are some
highlights:

Dynamic duo. Van
Dyke initially
objected to casting
Moore as his wife,
because he thought
she was too young.
However, the
chemistry between the
two resonated with
audiences.

Fashion flap. Moore
created a stir for
frequently wearing
capri pants on the
show during an era
when TV housewives
mostly wore dresses.

Happy ending. Still
a hit, "The Dick Van
Dyke Show" ended in
1966 after a
five-season run.

October 2011



THE SEPTEMBER BIRTHDAY PARTY



On Tuesday, Sept. 13, we celebrated the birthdays of all the residents who were born in September.

We had a good turnout (every resident attended to celebrate) and we had lots of guests. That makes for lots of fun.

Pictured above, seated from left: Gean Capin, Lavonne Bush, Patsy Edwards and Billie Baldwin.

Standing from left: Brenda Jones, Ed Turner, Charlie Metz and Bob Gallagher.

On the left with the cake is Billie Baldwin, who has achieved the most birthdays.

The October party will be on the 11th. Make your plans to attend. Each resident can have four guests at no charge and we dearly love to celebrate birthdays.