



COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Tony Ezzard Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8:00 a.m.–5:00 p.m.
 Weekends 9:00 a.m.–5:00 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962
 Emergency - (404) 825-9943
 E-mail - marketing@coventryplace-ga.com
 Fire, Police, Ambulance - 911
 Coventry Beauty Shop - (404) 294-9695
 Sierra Therapy - (404) 501-9122

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay, that you're part of the family. Thank you for being here.

February 2009



Positive Thoughts

"Never talk defeat. Use words like hope, belief, faith, victory."

—Norman Vincent Peale



TONY'S TANTALIZING TIDBITS

Now, here's a positive thought. Once a month Chef Tony prepares a "tantaling tidbit" for us. Seen above is Tony serving a banana split to resident Steve Harris.

If you haven't been coming down, try it next month. There's always something special.

WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during January after the newsletter was published and those moving in February.

221

Bernard Mattox

407

John & "T" Rice

425

Wilda Trout

516

Joan Kalinski

528

David & Anne
Zachary

Watch for the new faces and introduce yourselves. Moving to a new home can be challenging, so let's all be good neighbors.

\$200

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200 after they've been here for 45 days.



NEW YEAR'S EVE



There might be a teddy bear for Valentine's Day in the top picture, but here we're celebrating the New Year.



As you can see, there's not an empty seat in the house.



Staff and volunteers helped serve under the helium balloons.



And to top it all off, we had entertainment.

TREE PLANTING DRIVE

Lucy Mills has generously offered us ten trees that she will be getting because of her membership and donation to the Arbor Day Foundation. There will be two Redbuds, two white flowering Dogwoods, two flowering Crabapples, two Washington Hawthorns and two Goldenraintrees. We hope to have a tree planting ceremony when we know the arrival date. Thanks go out to Lucy.



Not Idleman

Bobbie Idleman certainly does not reflect her last name. Seen in the picture on the left are just a few of the quilts she has made. The one she's holding is getting nearer completion. She's on square #87 of 100. Wow!

Bobbie started quilting in 1955, when her mother-in-law left her two daughters-in-law quilt tops. To date, Bobbie is on her 27th quilt.

But that's not all. Bobbie makes fabric books for children and she knits beautiful sweaters. Her great-grandson had his on when he was here for Christmas.

She also goes regularly to the DeKalb Wellness Center to exercise (she even walks to get there).

Bobbie loves to play games, and though she didn't tell me this, I think what she craves is a bridge game. Check with her and see.



RETIREES TO RECEIVE A NICE RAISE

Social Security checks are going up \$63 a month for the typical retiree, the largest increase in more than a quarter century. The 5.8% increase announced in November will go to the 50 million Americans receiving benefits. It will begin in January and is the biggest jump since the 7.4% of 1982. The \$63 typical monthly increase compares to the \$24 advance that retirees saw in the 2008 increase of just 2.3% and the smallest in four years.

The upcoming help for the retirees should help the faltering economy as

well, assuming they spend much or all of the additional money.

In another break for most retirees, the cost of living increase will not be eaten up by higher monthly premiums for the part of Medicare that pays for physician services. Because of gains in the Medicare Part B trust fund, that premium will hold steady at \$96.40 a month, although higher-income people including couples making more than \$170,000 annually will see their premiums increase.

COMMENTS MADE IN 1955

"Did you hear the post office is thinking about charging a dime just to mail a letter?"

"If they raise the minimum wage to \$1, nobody will be able to hire outside help at the store."

"When I first started driving, who would have thought gas would someday cost 29 cents a gallon. Guess we'd be better off leaving the car in the garage."

MEAL HOURS

Breakfast
7:15-8:15 a.m.
Lunch
12-1:30 p.m.
Dinner
5-6 p.m.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When you sign up for a trip to the doctor, put down the time as 30 minutes before your appointment to allow time to get there.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Be sure not to put your newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

Decatur Heights Baptist Church
Sunday, 9:20 and 10:15 a.m.
N. Decatur Methodist Church
Sunday, 10:35 a.m.
1st Baptist Church of Decatur
Sunday, 9 a.m.
1st Baptist, Avondale Estates
Sunday, 9:10 a.m.
St. Thomas More Catholic Church
Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
1	2	3
3:00 Hymn Sing-along with a Guest Pianist William Driver and Keith Rybalid 3:30 Chapel Service	GROUNDHOG DAY 10:00 Sit and Be Fit 2:00 Sit and Be Fit 3:45 Veggie Van HAPPY BIRTHDAY, LUCY MILLS	9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo HAPPY BIRTHDAY, AVIS DYKES
8	9	10
3:00 Hymn Sing-along 3:30 Chapel Service	10:00 Sit and Be Fit 1:15 Let's Play Skip-Bo and RummiKub 1:30 Dr. John Noonan - Foot Doctor 2:00 Sit and Be Fit 3:45 Veggie Van	9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo 7:00 Decatur Sing-a-long HAPPY BIRTHDAY, JOHN WILLIAMS
15	16	17
3:00 Hymn Sing-along 3:30 Chapel Service	Presidents' Day 9:30 Shopping at WalMart 10:00 Sit and Be Fit 1:30 Dr. John Noonan - Foot Doctor 2:00 Sit and Be Fit 3:45 Veggie Van HAPPY BIRTHDAY, MARTY SMITH	9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit 10:00 Bandage Rolling for Church Missions - Residents Invited 2:00 Fire Drill 2:30 Bingo
22	23	24
3:00 Hymn Sing-along 3:30 Chapel Service	10:00 Sit and Be Fit 1:15 Let's Play RummiKub and Skip-Bo 2:00 Sit and Be Fit 3:45 Veggie Van	9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo

Wednesday

Thursday

Friday

Saturday

4	5	6	7
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit</p>	<p>9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>10:00 - 2:00 Garage Sale</p> <p>HAPPY BIRTHDAY, JUNE MANN</p>	<p>9:30 Shopping at Farmers' Market 10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p>HAPPY BIRTHDAY, JOHNNY HADDAD</p>	<p>2:00 Movie Matinee</p> <p>"NORTH"</p> <p>Starring Bruce Willis</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:15 Let's Play RummiKub 1:30 Kroger Shuttle 2:00 Sit and Be Fit</p>	<p>9:00 - 1:30 Doctor Shuttle 9:00-12:00 Free Tax Preparation by AARP 10:00 Sit and Be Fit</p> <p>1:30 Arts & Crafts with Anita</p>	<p>10:00 Sit and Be Fit 12:15 Birthday Luncheon</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p>HAPPY BIRTHDAY, MARCUS HOLMES</p>	<p>HAPPY VALENTINE'S DAY</p> <p>2:45 - 4:00 Wine and Cheese Party with Entertainment</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:30 Tony's Tantalizing Tidbits 6:00 Worship Service with The Reverend Tom Hagood</p>	<p>9:00 - 1:30 Doctor Shuttle 9:00-12:00 Free Tax Preparation by AARP 10:00 Sit and Be Fit</p> <p>2:30 Barbara's Poker Party</p> <p>HAPPY BIRTHDAY, KAY POTTER</p>	<p>9:30 Shopping at Publix 10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p>	<p>2:00 Movie Matinee</p> <p>"Mr. HOLLAND'S OPUS"</p> <p>Starring Richard Dreyfuss</p> <p>HAPPY BIRTHDAY, MILDRED LAMB</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:00 Wilda's Wellness Workshop</p>	<p>9:00-12:00 Free Tax Preparation by AARP 9:00 - 1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 High Tea in the Card Room</p>	<p>10:00 Sit and Be Fit 11:00 Dining Out at The Olive Garden</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p>HAPPY BIRTHDAY, SALLY FALETTI</p>	<p>2:00 Movie Matinee</p> <p>"SOUTH PACIFIC"</p> <p>Starring Mitzi Gaynor</p> <p>HAPPY BIRTHDAY, MURIEL TAYLOR</p>



DOOR CONTEST



1st PLACE - BOBBIE IDLEMAN



2nd PLACE - JEAN HILBUN



3rd PLACE - JACKIE MERAN

Thanks to all who participated.



LAKE LANIER ISLAND'S NIGHT OF LIGHTS

The bus was full for the trip to Lake Lanier to see the Christmas lights.



AT THE DECEMBER ARTS AND CRAFTS, THEY MADE BEAUTIFUL GINGERBREAD HOUSES.



Thanks to Kay Potter and her friends, Karen Johnson and Sandra Love, for bringing the gingerbread houses to be decorated. And of course, thanks to Cathy Archibald for helping.



Anita, Tony, Vivian and Wilda prepare for the Christmas luncheon.



THE CHRISTMAS PARTY WITH SIERRA WAS LOTS OF FUN! THANK YOU, TANYA.

WOOD, YOU BE MINE!

How much wood would a
woodchuck chuck
If he didn't have to take time off
To play groundhog?

A Roman priest named Valentine
Tore his pants on a board of pine.
Sure am glad that they weren't mine
(My briefs are a little short.)

And then, no matter what you hear,
Be thankful this is not Leap Year.

by John Beavers



RONALD McDONALD

Bobbie Idleman, Coventry Place resident, brought some interesting information to us for the newsletter. Ronald McDonald collects the tabs off of canned drinks and turns them into cash to help with the expenses of providing housing for the families of sick children.

Let's start saving the tabs here at Coventry Place. We'll put a container at the front desk.

COMMENTS MADE IN 1955!

"I'll tell you one thing, if things keep going the way they are, it's going to be impossible to buy a week's groceries for \$20."

"Have you seen the new cars coming out next year? It won't be long before \$2,000 will only buy a used one."



We love having guests. Pictured above are Ellen Wright's and Jim Hamilton's Christmas luncheon guests.



Margaret Hudlow and guests



And lots of residents and guests!

PLEASE JOIN US

The staff and, I'm sure, our residents enjoy having the opportunity for their family and friends to come to Coventry Place and celebrate.

Groundhog Day

The legend of Punxsutawney Phil surfaces each February, as does a groundhog by that name who some believe predicts future weather.

This year, Punxsutawney Phil emerges from hibernation on Feb. 2 in Punxsutawney, Pa. Legend says that when he pops from his burrow, he'll reveal how much winter weather is left. If he sees his shadow, winter lasts another six weeks. If he doesn't see his shadow, spring is soon on its way.

Naysayers argue that Phil's prognostication is decided in advance by his handlers. They say he's correct only one-fourth of the time. But many diehards swear Phil never is wrong.

Some also think Phil drinks the "elixir of life." After all, Phil's been around since 1887. Yet experts say the average groundhog's life span is only five years.

February 2009



CHARLIE BOWERS

THE RESIDENT CELEBRATING THE MOST BIRTHDAYS GETS TO BLOW OUT THE CANDLES

The January birthday party was beautifully appointed with the help of Barbara Gaines and Kay Potter. Those celebrating were:

Seated from left - Dot Bowers, Charlie Bowers, Marion Hodges, and

Standing from left - Sheila Solomon, Helen Byers, Martha Williams, Windsor Jordan and Billie Lary.

Those not able to attend were Ewing Braunig, Bertha Shelfer and Natasha Brooks-Lee.

We welcome our guests for the birthday luncheon. It's a really special day to have friends and family with you. Remember to make reservations early by calling (404) 296-0962. The birthday luncheon in February will be on Friday the 13th. Please call by Wednesday the 11th.