



# COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

February 2012

## Coventry Place Staff Directory

Jo Ann Smith ..... Executive Director  
 Barbara Olver ..... Marketing and Activities  
 Anita Day ..... Office Manager  
 Wilda Johnson ..... Resident Care Director  
 Vivian Durden ..... Chef/Dining Service Dir.  
 Anthony Leverett ..... Maintenance Director



## OFFICE HOURS

Monday–Friday ..... 8 a.m.–5 p.m.  
 Weekends ..... 9 a.m.–5 p.m.

## COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962

*Emergency - (404) 861-8304*

E-mail - [marketing@coventryplace-ga.com](mailto:marketing@coventryplace-ga.com)

Fire, Police, Ambulance - 911

Coventry Beauty Shop - (404) 294-9695

## FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.

## Protect Yourself in Chilly Weather

As we age, our bodies become less resistant to the elements and cold temperatures.

Hypothermia and frostbite are serious concerns for seniors.

If you go outside, layer your clothing and cover as much skin as possible. Add a hat to keep body heat from escaping, and limit your time outside.



## WE DON'T GIVE TICKETS, BUT PLEASE

Please don't park your car in the drive-thru at the front door. I know you think it will only take a minute to go up and get your mother, father, grandparent, but it does take more than a minute. While you are parked blocking this area, the next car that pulls up cannot load or unload their loved one as easily. The walk slopes at this area and it's much easier for wheelchairs and walkers to negotiate getting to the door. Also, if the weather is bad, it allows for shelter.

## WELCOME

### NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during January, after the newsletter was published, and those who will be moving in February.

BE A GOOD NEIGHBOR AND SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging; so, let's all be good neighbors.



**\$200**

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200.



To keep monthly rates down, help us stay full.



### Laugh Lines: Riddled With Romance

Q. What did the valentine card say to the stamp?

A. Stick with me and we'll go places.

Q. What did the octopus say to his valentine?

A. I want to hold your hand, hand, hand, hand, hand, hand, hand, hand.

Q. Why did the banana go out with the prune?

A. Because it couldn't get a date.

Q. What did the snake give his valentine?

A. A hug and a hiss.

Q. What is a ram's favorite love song?

A. "I Only Have Eyes for Ewe."

Q. What do squirrels give for Valentine's Day?

A. Forget-me-nuts.



### WE ARE READY

What it'll be no one knows  
Sometimes sunshine,  
sometime snows.

No matter what we'll have to face  
We'll handle it all at Coventry Place.

If the groundhog sees his shadow,  
so what?

We're snug as a bug and hot to trot.

If spring should come, but six weeks late,

With heads held high, we'll just wait.

by John Beavers



### INCOME TAX TIME

Tom Marchbanks with AARP will be coming to Coventry Place again this year to prepare income tax returns for us. He plans to start about March 1, so we'll keep you posted about when you need to sign up. We're really fortunate to have this done for us at no charge, aren't we?

### LOCK YOUR DOOR

Please remember when you leave your apartment to lock your door. It's also a good idea to have a locking door knob on one of your closets where you can keep your purse/wallet, checkbook and other valuables. If you don't already have a locking closet, call the office.





### **BILLIE LARY'S 90th BIRTHDAY**

On Jan. 7, 2012, Billie Lary's family had a celebration of her 90th birthday at Coventry Place. The residents were invited and she had LOTS of family here, too.

Keith Peters entertained and, as always, he did a great job. The residents really love Keith.

Here's a shot of Billie with some of her family. She danced with her sons and paid the price the next day, but I bet it was worth it.

The party was lovely and we thank you, Billie, for sharing your special day with Coventry Place.



### **Wit & Wisdom**

"I wonder what fool it was that first invented kissing."  
—Jonathan Swift

"The sound of a kiss is not so loud as that of a cannon, but its echo lasts a great deal longer."  
—Oliver Wendell Holmes Sr.

"They invented hugs to let people know you love them without saying anything."  
—Bil Keane

"Kisses, even to the air, are beautiful."  
—Drew Barrymore

"Kissing is like drinking salted water. You drink, and your thirst increases."  
—Chinese proverb

"Kiss and make up, but too much makeup has ruined many a kiss."  
—Mae West

"What of soul was left, I wonder, when the kissing had to stop?"  
—Robert Browning

### **LORD BLESS MY FAMILY**

God bless my family in everything we do

Help us to love each other as you do

Bless us when we get sick and don't feel well

Come to us and make us well.

Lord bless the youngest to the oldest

Let us always do our best.

God help us to be close to each other

Let us do our best to love one another.

Lord I thank you for my family tree

Let us cling to each other, let it be reality.

Sometime things may arise and we go astray

Let us look for love the next day.

God bless all of us and keep us in your care

When we need you always be there.

It's good to have family and not to be alone.

Be with us Lord as we petition thy throne.

by Ronald Dennard



### **WINNERS OF THE DOOR DECORATION CONTEST**

Pictured above are the winners of the door decorating contest.

1st Place - Jean Hilbun

2nd Place - Sara Adams

3rd Place - Ester Williams

A gentleman from another property was kind enough to do the judging for us. I think he did a really good job.

Thanks to all who participated.

## DINING ROOM SERVING HOURS

### Breakfast

7:15–8:15 a.m.

### Lunch

12–1 p.m.

### Dinner

5–5:30 p.m.

THE DINING ROOM CLOSSES AT 6 P.M.

## BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

## CHURCH BUS SCHEDULE

- Decatur Heights Baptist Church  
 Sunday, 9:20 and 10:15 a.m.
- N. Decatur Methodist Church  
 Sunday, 10:35 a.m.
- 1st Baptist Church of Decatur  
 Sunday, 9 a.m.
- 1st Baptist, Avondale Estates  
 Sunday, 9:10 a.m.
- St. Thomas More Catholic Church  
 Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
<p><b>REMEMBER TO USE THE SUGGESTION BOX</b></p>	<p>{February} <b>American Heart</b> month www.Heart.org</p>	
<p><b>RENT PAST DUE</b> 5</p> <p>3:00 Hymn Sing-Along</p> <p>Followed by Chapel Service</p> <p><b>HAPPY BIRTHDAY JUNE MANN</b></p>	<p>6</p> <p>10:00 Sit and Be Fit</p> <p>1:30 Shopping at Walmart</p> <p>1:30 Dr. John Noonan</p> <p>2:00 Sit and Be Fit</p> <p>3:45 Veggie Truck</p>	<p>7</p> <p>9:00–1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>10:45 Study of the Beatitudes Led by Dr. Frances Calder</p> <p>2:30 Bingo</p>
<p>12</p> <p>3:00 Hymn Sing-Along</p> <p>Followed by Chapel Service</p>	<p>13</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Let's Play Rummikub</p> <p>3:45 Veggie Truck</p>	<p><b>HAPPY VALENTINE'S DAY</b> 14</p> <p>9:00–1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>12:15 Birthday Luncheon</p> <p><b>THERE WILL BE A DRAWING FOR A DOOR PRIZE</b></p> <p>2:30 Bingo</p> <p>7:00 Decatur Sing-Along</p> <p><b>HAPPY BIRTHDAY ED WALLIS</b></p>
<p>3:00 Hymn Sing-Along</p> <p>Followed by Chapel Service</p> <p><b>HAPPY BIRTHDAY KAY POTTER</b></p> <p>19</p>	<p><b>PRESIDENTS' DAY</b> 20</p> <p>10:00 Sit and Be Fit</p> <p>1:30 Dr. John Noonan</p> <p>2:00 Sit and Be Fit</p> <p>3:45 Veggie Truck</p>	<p>21</p> <p>9:00–1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>2:30 Bingo</p>
<p>3:00 Hymn Sing-Along</p> <p>Followed by Chapel Service</p> <p>26</p>	<p>27</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Games of Your Choice</p> <p>2:30 Movie Matinee - "City of Angels" Starring Nicolas Cage and Meg Ryan</p> <p>3:45 Veggie Truck</p> <p><b>HAPPY BIRTHDAY SALLY FALETTI</b></p>	<p>28</p> <p>9:00–1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p><b>HAPPY BIRTHDAY MURIEL TAYLOR</b></p>

<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<p style="text-align: right; margin: 0;"><b>1</b></p> <p><b>RENT DUE</b> 9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 1:30 Nurturing Dance Therapy 2:00 Sit and Be Fit</p> <p><b>HAPPY BIRTHDAY JACK LAMB</b></p>	<p style="text-align: right; margin: 0;"><b>2</b></p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Movie Matinee <b>“THE HELP”</b> Starring Emma Stone and Viola Davis</p>	<p style="text-align: right; margin: 0;"><b>3</b></p> <p>10:00 Sit and Be Fit 10:00 Farmers’ Market 10:30-1:00 Rosie’s Jewelry and Gifts</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p> <p><b>HAPPY BIRTHDAY AVIS DYKES</b></p>	<p style="text-align: right; margin: 0;"><b>4</b></p> <p>10:30 Hug a Puppy 2:00 Games of Your Choice</p> <p><b>HAPPY BIRTHDAY BILL HANNA</b></p>
<p style="text-align: right; margin: 0;"><b>8</b></p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 1:30 Nurturing Music Therapy 2:00 Sit and Be Fit 2:30 Vivian’s Delicious Delicacies</p>	<p style="text-align: right; margin: 0;"><b>9</b></p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 11:00 Learn About Our New TV With Anthony</p> <p>2:30 Scrabble - High Score Wins a Prize</p>	<p style="text-align: right; margin: 0;"><b>10</b></p> <p>10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right; margin: 0;"><b>11</b></p> <p>10:30 Visit With Nurse Betsy 2:00 Games of Your Choice</p> <p><b>HAPPY BIRTHDAY PAT PORTEOUS</b></p>
<p style="text-align: right; margin: 0;"><b>15</b></p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 1:30 Nurturing Massage Therapy 2:00 Sit and Be Fit 2:00 Fire Drill 6:00 Communion and Worship Service With the Reverend Tom Haygood</p>	<p style="text-align: right; margin: 0;"><b>16</b></p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 10:30 Bandage Rolling for Missions</p> <p>3:00 Valentine Wine and Cheese Party With Mike Smith Entertaining</p> <p><b>HAPPY BIRTHDAY MARTY SMITH</b></p>	<p style="text-align: right; margin: 0;"><b>17</b></p> <p>10:00 Sit and Be Fit 11:00 Dining Out at Red Snapper</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right; margin: 0;"><b>18</b></p> <p>1:30 Arts and Crafts With Anita 2:00 Games of Your Choice</p>
<p style="text-align: right; margin: 0;"><b>22</b></p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 1:30 Nurturing Art Therapy 2:00 Sit and Be Fit</p>	<p style="text-align: right; margin: 0;"><b>23</b></p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Meet Your Neighbor With Hot Chocolate, Coffee and Donuts</p>	<p style="text-align: right; margin: 0;"><b>24</b></p> <p>10:00 Sit and Be Fit 10:00 Shopping at Walmart</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right; margin: 0;"><b>25</b></p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right; margin: 0;"><b>29</b></p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:00 Wilda’s Wellness Workshop</p>			<p style="text-align: right; margin: 0;"><b>REMEMBER TO USE THE SUGGESTION BOX</b></p>



## Featured Bio

### Erma Bombeck, Queen of Quips

For three decades, syndicated columnist Erma Bombeck amused readers with her wry take on marriage and motherhood.

In the mid-1960s, Bombeck started writing humor columns to vent her frustration over the demands of running a household. Within five years, Bombeck's "At Wit's End" was a regular feature in more than 500 newspapers across the U.S. Bombeck also became a best-selling author, publishing 15 books.

Bombeck died on April 22, 1996, but her wise and witty sayings continue to entertain. Here are some classic Bombeck quips:

"Housework, if you do it right, will kill you."

"If you can't make it better, you can laugh at it."

"Never go to a doctor whose office plants have died."



### DECATUR SING-ALONG

If you're not coming to the Decatur Sing-Along, you're missing a real treat.

### CHRISTMAS LUNCHEON



We had carolers



and family



and Santa??



and lots of fun.



### NEW YEAR'S EVE PARTY





We had Mother Pat



and daughter, Nancy,



and Anna's family. It was a merry Christmas.



And then for New Year's Eve, we had Dolly!



We had the wine and cheese party



and Nurturing Art Therapy.

## Guess Who

### Remember Me?

Called the "King of Hollywood," Clark Gable (1901–1960) is best remembered for his dashing portrayal of Rhett Butler in 1939's "Gone With the Wind." His movie career spanned more than three decades.

Gable quit high school when he was 16 to work in a tire factory. But at age 17, his acting ambitions took flight after seeing the play "The Bird of Paradise."

Roles in early 1930s films such as "The Painted Desert" and "Red Dust" rocketed Gable to stardom. In 1934, he appeared in the Frank Capra comedy "It Happened One Night," for which he won the Academy Award for Best Actor.

Those who knew Gable said his third wife, actress Carole Lombard, was the love of his life. They married in 1939, but their romance was cut short by Lombard's death in a 1942 plane crash.

# February 2012



## THE JANUARY BIRTHDAY PARTY



LOIS VANDAME

On Tuesday, Jan. 10, we celebrated the birthdays of all the residents who were born in January.

As always, we had lots of guests and lots of fun.

Pictured above, seated from left, are Marion Hodges, Billie Lary, Lois Vandame and Mildred Jedrezak. Standing are Rosemary Sohl, Martha Williams, Windsor Jordan, Sheila Solomon and Lorena Miles. Not able to attend were Betty Jean Wrightson, Doris Titshaw and Joan Blankenship.

Lois Vandame is featured with the birthday cake. She was honored for having achieved the most birthdays. Congratulations, Lois!

The party each month is on the Tuesday before the 15th. Plan to attend when your loved one has a birthday. Call ahead of time, so we can have a special table set up for your family to be able to celebrate together. It's lots of fun!