



COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

June 2012

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Vivian Durden Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8 a.m.–5 p.m.
 Weekends 9 a.m.–5 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962

Emergency - (404) 861-8304

E-mail - marketing@coventryplace-ga.com

Fire, Police, Ambulance - 911

Coventry Beauty Shop - (404) 294-9695

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.

HAPPY FATHER'S DAY



FATHER'S DAY LUNCHEON

Join us on June 17 to celebrate Father's Day.

MENU

Salmon

Asparagus Casserole

Baked Potato

Watergate Salad

Yeast Rolls

Cherry Pie

Please call ahead of time to make your reservations.



WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during May after the newsletter was published, and those who will be moving in June.

210

Grant Bailey
BE A GOOD
NEIGHBOR AND
SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging; so, let's all be good neighbors. A really nice thing would be to invite the new resident to an activity with you. It's hard to walk into a new place alone when you don't know anybody.



\$200

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200.



How Things Have Changed

An older woman was checking out at the store and the young cashier suggested to her that she should bring her own grocery bags because plastic bags weren't good for the environment. The woman apologized and explained, "We didn't have this green thing back in my earlier days."

The clerk responded, "That's our problem today. Your generation didn't care enough to save our environment for future generations."

She was right--our generation didn't have the green thing in its day.

Back then, we returned milk bottles, soda bottles and beer bottles to the store. The store sent them back to the plant to be washed and sterilized and refilled, so it could use the same bottles over and over. So they really were recycled. But we didn't have the green thing back in our day.

We walked up stairs, because we didn't have an escalator in every store and office building. We walked to the grocery store and didn't climb into a 300 horsepower machine

every time we had to go two blocks. But she was right. We didn't have the green thing in our day.

Back then, we washed the baby's diapers because we didn't have the throw-away kind. We dried clothes on a line, not in an energy gobbling machine -- wind and solar power really did dry our clothes back in our early days. Kids got hand-me-down clothes from their brothers and sisters, not always brand new ones. But that young lady is right; we didn't have the green thing back in our day.

Back then we had one TV (or radio) in the house, not one in every room. And the screen was the size of a handkerchief, not the state of Montana. In the kitchen we blended and stirred by hand because we didn't have electric machines to do everything. And when we packaged something fragile to mail, we used wadded up newspaper, not Styrofoam or plastic bubble wrap. Back then we didn't fire up an engine and burn gasoline to cut the lawn, we pushed a mower that ran on human power. We exercised by working so we didn't need to go to a health club and use treadmills that operate on electricity. But she's right; we didn't have the green thing back then.

We drank from a fountain when we were thirsty instead of using a cup or a plastic bottle every time we had a drink of water. We refilled writing pens with ink instead of buying a new

Wit & Wisdom



We enjoyed our new entertainment, Bill Taylor and the Sunshine Express, on April 19. Thank you so much.

pen, and we replaced the razor blades in a razor instead of throwing away the whole razor just because the blade got dull. But we didn't have the green thing back then.

Back then, people took the streetcar or a bus and kids rode their bikes to school or walked instead of turning their moms into a 24-hour taxi service. We had one electrical outlet in a room, not an entire bank of sockets to power a dozen appliances. And we didn't need a computerized gadget to receive a signal beamed from satellites 2,000 miles out in space in order to find the nearest pizza place.

But isn't it sad, the current generation laments how wasteful we old folks were just because we didn't have the green thing back then?

Please, pass this on to another selfish old person who needs a lesson in conservation from a smart ... young person.

Remember:

We don't like being old in the first

place, so it doesn't take much to set us off.

I'LL TRY JESUS

I'll try Jesus to take me over the roads.

I'll try Jesus to help me carry the heavy loads.

Troubles will come and troubles will go. Jesus will help me this I know.

I'll try Jesus when tears fall from my eyes.

He will always wipe them dry. I will try him because he is love.

I will thank him for things given from above.

When I trust him I know I won't fail.

The love of Jesus is more than a tale.

So you try Jesus from day to day.

He will surely bless you in a special way.

Let's love him with all our hearts. When we find him that's when life starts.

by Ron Dennard

"Fatherhood is pretending the present you love most is soap-on-a-rope."
—Bill Cosby

"It doesn't matter who my father was; it matters who I remember he was."
—Anne Sexton

"I decided in my life that I would do nothing that did not reflect positively on my father's life."
—Sidney Poitier

"She got her looks from her father. He's a plastic surgeon."
—Groucho Marx

"When one has not had a good father, one must create one."
—Friedrich Nietzsche

"By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong."
—Charles Wadsworth

"My father taught me to work; he did not teach me to love it."
—Abraham Lincoln

DINING ROOM SERVING HOURS

Breakfast

7:15–8:15 a.m.

Lunch

12–1 p.m.

Dinner

5–5:30 p.m.

THE DINING ROOM
CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

- Decatur Heights
Baptist Church
Sunday, 9:20 and
10:15 a.m.
- N. Decatur Methodist
Church
Sunday, 10:35 a.m.
- 1st Baptist Church of
Decatur
Sunday, 9 a.m.
- 1st Baptist, Avondale
Estates
Sunday, 9:10 a.m.
- St. Thomas More
Catholic Church
Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
3	4	5
3:00 Hymn Sing-along Followed by Chapel Service	10:00 Sit and Be Fit 1:30 Shopping at Walmart 2:00 Sit and Be Fit 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo 7:00 Decatur Sing-along
10	11	12
3:00 Hymn Sing-along Followed by Chapel Service HAPPY BIRTHDAY WILDA TROUT	10:00 Sit and Be Fit 1:30 Dr. John Noonan 1:45 Movie Matinee Topper Returns 2:00 Sit and Be Fit 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 12:15 Birthday Luncheon 2:30 Bingo
17	18	19
<u>HAPPY FATHER'S DAY</u> 12:00 Father's Day Luncheon 3:00 Hymn Sing-along Followed by Chapel Service HAPPY BIRTHDAY WILLIAM ORR	10:00 Sit and Be Fit 1:30 Dr. John Noonan 2:00 Sit and Be Fit 3:45 Veggie Truck HAPPY BIRTHDAY ESTER WILLIAMS	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo HAPPY BIRTHDAY WILLIAM RODGERS
24	25	26
3:00 Hymn Sing-along Followed by Chapel Service HAPPY BIRTHDAY BOB GRATTON	10:00 Sit and Be Fit 1:45 Movie Matinee City of Angels Starring Nicolas Cage and Meg Ryan 2:00 Sit and Be Fit 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo

Wednesday	Thursday	Friday	Saturday
		<p>10:00 Sit and Be Fit 10:00 Weight, Blood Pressure and Fall Prevention by Camellia Home Health</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p> <p>HAPPY BIRTHDAY EILEEN HALLIGAN</p>	<p>10:30 Hug a Puppy</p> <p>2:00 Games of Your Choice</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 1:30 Nurturing Dance Therapy 2:00 Sit and Be Fit 2:30 Vivian's Delicious Delicacies</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Arts and Crafts With Anita</p>	<p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>2:00 Games of Your Choice</p> <p>HAPPY BIRTHDAY CHARLOTTE HICKS</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 1:30 Nurturing Music Therapy 2:00 Sit and Be Fit</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>3:00 Ice Cream Social</p> <p>HAPPY BIRTHDAY CHARLIE DAVIS</p>	<p>10:00 Sit and Be Fit 10:00 Shopping at Big Lots</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>2:00 Games of Your Choice</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 1:30 Nurturing Massage Therapy 2:00 Sit and Be Fit</p> <p>6:00 Communion and Worship Service With The Reverend Tom Haygood</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>3:00 ENTERTAINMENT Harry Cooksey Big Band Swing Music - In the Dining Room</p> <p>HAPPY BIRTHDAY JANE ELLIOTT</p>	<p>9:30 Shopping at Walmart 10:00 Sit and Be Fit 11:15 Dining Out at FOLKS</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>2:00 Games of Your Choice</p> <p>HAPPY BIRTHDAY FLORA CHEN DANNY ROCKECHARLIE</p>
<p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 1:30 Nurturing Art Therapy 2:00 Sit and Be Fit 2:00 Wilda's Wellness Workshop</p> <p>HAPPY BIRTHDAY RANDY MORGAN</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>3:00 Wine and Cheese Social - In the Card Room</p>	<p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p>2:00 Games of Your Choice</p>

JUNE

June is bustin' out
all over

What is bustin' you
might ask

Flowers blooming,
gardens sprouting,
Making for an
endless task.

Children happy, no
more school

Swimming in their
favorite pool

Playing with their
special friends

Hoping daylight
never ends.

A special day for
Fathers

All so loving and
giving

Providing a good
life for us

Working hard for a
living.

June means
summer is upon us

Bringing warmer
weather too

We enjoy it ... it's
appealing

June will be so
good for you.

by Mary Ferry



AND THE WINNER WAS

Kay Potter drew "I'll Have Another"
and won the pot at the Derby Party.



THANK YOU BEVERLY

This is a good time to thank Beverly
for all she does. We're really fortunate

she's willing to do so much for
Coventry Place.



A New Sing-a-Long

On April 17, we had a new
entertainer. She played the guitar
and it was a great sing-a-long.



WINE AND CHEESE PARTY

Good crowd, good food, love
that wine.



OUR DERBY PARTY

On May 5, we had beautiful hats, ice cream with crème de menthe, and the race
was on.



Old Glory Inquiry

Perhaps the most recognizable icon of the United States, the American flag, gets its day on June 14, Flag Day. Earn your stripes by discovering some of these lesser-known flag facts:

How many official U.S. flag versions have been flown? From the first, with 13 stars, to today's flag, with 50 stars, there have been 27 official designs.

How should a flag be raised to half-staff? The flag should first be hoisted to the peak of the flag pole and then slowly lowered to the half-staff position. The flag should again be raised to the peak before it is lowered for the day.

Is there still a flag on the moon? Six U.S. flags are stationed on the moon. They were placed there by the crews of Apollo 11, 12, 14, 15, 16 and 17.

What can one do to avoid disrespecting the flag? The flag should never be dipped to any person or thing. It should not be displayed with the union (stars) down, except as a signal of dire distress. The flag should never touch anything beneath it, including the ground. The U.S. Flag Code also states, "The flag should never be used as wearing apparel, bedding or drapery."



There are six U.S. flags on the moon

Nurturing Dance Therapy



Everybody really enjoys our dancer who comes once a month.



Residents' Council Meeting

The latest residents' council meeting was on Monday, May 7.

There were twenty-seven residents in attendance. At the meeting, each committee makes a report, old business is reviewed and new business is brought up. After the meeting, we have refreshments and fellowship time.

The residents' council meets every other month, so the next meeting will be July 2. Put it on your calendar and come. It's fun and it's a great way to know what's going on - and you get to know the other residents too!

I'll be looking for you July 2.

OH JUNE!

June is here at last,
Summer comes full
blast.

Tomatoes healthy
plants

Come boldly to the
dance.

Cucumbers and green
beans

Now flash upon
the scene.

Peppers, bell and hot
Will liven every
pot.

And green peas
without number,
Oh Lord, how I
love summer.

by John Beavers

Health in the Hands of Fate

Check out this list
of health
superstitions:

*Eat broccoli on
Monday and be full of
health.* The Romans
believed you should
start the week by
eating broccoli.

*Full moons lead to
chaos.* Many health
care professionals
swear that patients
come in with stranger
symptoms during a
full moon.

June 2012



THE MAY BIRTHDAY PARTY



On Tuesday, May 8, we celebrated the birthdays of all the residents who were born in May.

The residents who attended are pictured above. Seated are Ben Burney and Bertie Mae Brown. Standing from the left are Jackie Meran, Sara Adams, Sarah Alouf, Toni Smith and Ethel Herron.

Unable to attend were Tiny Schobel, Al Brown and Doris Cannon.

Featured on the left is Ben Burney. We don't usually tell the age, we just say the resident who has achieved the most birthdays. But, this is different. Ben is 102. Wow!

The party each month is on the Tuesday before the 15th. Plan to attend when your loved one has their birthday month. Call ahead of time so we can have a special table set up for your family to be able to celebrate together. Each resident who's celebrating can have up to four guests at no charge. It's lots of fun!