

COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

May 2010

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Vivian Durden Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8 a.m.–5 p.m.
 Weekends 9 a.m.–5 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962
 Emergency - (404) 825-9943
 E-mail - marketing@coventryplace-ga.com
 Fire, Police, Ambulance - 911
 Coventry Beauty Shop - (404) 294-9695
 Sierra Therapy - (404) 501-9122

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.



ST. PATRICK'S DAY

Sara Adams easily won the contest for the best costume at our St. Patrick's Day party. There are more pictures inside.

Barbara did a great job with the party, even if the entertainment was late.

WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during April after the newsletter was published and those who will be moving in May:

225

Marie Steinberg

425

Frank and Venice

Carryl

BE A GOOD
NEIGHBOR AND
SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging, so let's all be good neighbors.

\$200

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200 after they've been here for 45 days.

Dog Days

Beagles, terriers and poodles first congregated on May 8, 1877, for the inaugural Westminster Kennel Club Dog Show.



Home & Garden

Forced Blooms Perk Up Rooms

As spring blossoms outside, bring its splendor inside by displaying the sculptural beauty of some flowering branches, such as those from a redbud tree or a forsythia bush.

To do so, choose branches with many big buds. Cut the base of the branch on a slant to the desired length. Put the branches in room temperature water with professional flower preservative and keep the vase in a cool, low-light area, out of drafts and away from heating vents.

Every few days, replace the water and preservative and trim about an inch from the branch's end. At the first sign of color on the buds, move the vase to a sunny spot. Continue offering the same care: changing the water solution and trimming ends. Depending on the length of the branches, the arrangement can last up to eight weeks.



MOTHER'S DAY LUNCHEON

I know you'll all want to join us for our luncheon honoring the mothers at Coventry Place on Sunday, May 9, at noon.

THE MENU

Cornish Hen

Corn Bread Dressing

Beets

California Medley Mixed Vegetables

Mandarin Orange Fruit Salad

Yeast Rolls

Strawberry Shortcake

Don't forget! Call (404) 296-0962. Guest meals are only \$5.

M-O-T-H-E-R

"M" is for the million things she gave me,

"O" means only that she's growing old,

"T" is for the tears she shed to save me,

"H" is for her heart of purest gold;

"E" is for her eyes, with love-light shining,

"R" means right, and right she'll always be,

Put them all together, they spell

"MOTHER"

A word that means the world to me.

Howard Johnson (c. 1915)

Wit & Wisdom



ST. PATRICK'S DAY PARTY

There was lots of green on St. Patrick's Day and lots of fun.



TO ALL YOU MOTHERS

Bounteous May that dost inspire Mirth and joy and warm desire.

Named after Maia, the Goddess of Growth,

May is Joyous Month.

Month of birth for Henry Kissinger, Karl Marx and Tony Blair, James Brown, Stevie Wonder, Burt Bacharach, Liberace, Laurence Olivier, Gary Cooper, Clint Eastwood, Mr. T, Ian Fleming and who could forget, Gabrigi Fahrenheit.

No wonder then that Sunday
at the middle of May
Is set aside for Mother's Day.

by John Beavers



John Beavers is a resident of Coventry Place. His monthly contributions of poems for our newsletter are really appreciated by all. Thank you, John.

"They fell, but o'er their glorious grave, floats free the banner of the cause they died to save." —Francis Marion Crawford

"On thy grave, the rain shall fall from the eyes of a mighty nation!" —Thomas William Parsons

"Although no sculptured marble should rise to their memory, nor engraved stone bear record of their deeds, yet will their remembrance be as lasting as the land they honored." —Daniel Webster

"The legacy of heroes is the memory of a great name and the inheritance of a great example." —Benjamin Disraeli

"And they who for their country die shall fill an honored grave, for glory lights the soldier's tomb, and beauty weeps the brave." —Joseph Drake

DINING ROOM SERVING HOURS

Breakfast
7:15–8:15 a.m.

Lunch
12–1 p.m.

Dinner
5–5:30 p.m.


THE DINING ROOM
CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

- Decatur Heights Baptist Church
Sunday, 9:20 and 10:15 a.m.
- N. Decatur Methodist Church
Sunday, 10:35 a.m.
- 1st Baptist Church of Decatur
Sunday, 9 a.m.
- 1st Baptist, Avondale Estates
Sunday, 9:10 a.m.
- St. Thomas More Catholic Church
Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
		<i>May</i> 
2	3	4
3:00 Hymn Sing-Along 3:30 Chapel Service	10:00 Sit and Be Fit 1:00 Dr. John Noonan 2:00 Sit and Be Fit 2:30 Special Bingo Party Lots of Prizes 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo
9	10	11
<u>HAPPY MOTHER'S DAY</u> 12:00 Mother's Day Luncheon 3:00 Hymn Sing-Along 3:30 Chapel Service	10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Residents' Council Meeting 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 12:15 Birthday Luncheon 2:30 Bingo
16	17	18
3:00 Hymn Sing-Along 3:30 Chapel Service	10:00 Sit and Be Fit 1:00 Dr. John Noonan 1:00 Briargate Senior Choir 1:30 Shopping at Walmart 2:00 Sit and Be Fit 3:45 Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 1:00 Garden Club 2:30 Bingo
23/30	24/31	25
3:00 Hymn Sing-Along 3:30 Chapel Service	<u>24th</u> 10:00 Sit and Be Fit 2:00 Sit and Be Fit 3:45 Veggie Truck <u>31st</u> <u>HAPPY MEMORIAL DAY</u> 10:00 Sit and Be Fit 2:00 Ice Cream Social on Patio 2:00 Sit and Be Fit 3:45 NO Veggie Truck	9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 11:30 Disaster Drill 2:30 Bingo

Wednesday	Thursday	Friday	Saturday
			<p style="text-align: right;">1</p> <p>RENT DUE 2:00 Games of Your Choice</p>
<p style="text-align: right;">5</p> <p>RENT PAST DUE 9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:30 Vivian's Delicious Delicacies</p>	<p style="text-align: right;">6</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Arts & Crafts with Anita</p>	<p style="text-align: right;">7</p> <p>10:00 Sit and Be Fit 11:00 Dining Out at Mary Mac's Tearoom</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">8</p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right;">12</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:00 Wilda's Wellness Workshop</p>	<p style="text-align: right;">13</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Sing-a-long with Pam with Refreshments</p>	<p style="text-align: right;">14</p> <p>10:00 Sit and Be Fit 11:00 Dining Out at The Varsity</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">15</p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right;">19</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit</p> <p>6:00 Communion and Worship Service with The Reverend Tom Hagood</p>	<p style="text-align: right;">20</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:00 Poker Club and Checker Game</p>	<p style="text-align: right;">21</p> <p>10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">22</p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right;">26</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit 1:30 Kroger Shuttle 2:00 Sit and Be Fit</p>	<p style="text-align: right;">27</p> <p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:00 Let's Play RummiKub</p>	<p style="text-align: right;">28</p> <p>9:30 Shopping at Walmart 10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">29</p> <p>2:00 Games of Your Choice</p>

OUR EASTER CELEBRATION

On Easter Sunday, April 4, we celebrated by having a luncheon. Thanks to Vivian and her staff, the food was fantastic. Thanks to Anita, Kay Potter and the Arts and Crafts group, the table decorations were really beautiful. They made a nest and used dyed Easter eggs. There were lots of families and guests joining us. Some of them are pictured here.



**Jim Hamilton
and Family**



**Betty Gratton
and Guest**



**Windsor Jordan
and Daughter**



**Billie Lary
and Son**



**Daisy Harrell
Won the Jelly
Bean Contest**



FLORA CHEN AND FAMILY



Lucie Anderson and Guest



Naomi Kelly and Family



**Estelle Byrd and Family
With Vivian**



THE GEORGE PATTERSON FAMILY

This might be a record—a really good record. Thanks to the Patterson family for making this a really special day for George.



Trains' Mark on History Often Overlooked

Many of us developed a fascination with trains at an early age. Because trains occupy such a prominent place in history, this attraction is not without warrant. May 10, 1869, is the anniversary of the "golden spike," the final tie that joined 1,776 miles of Central Pacific and Union Pacific railways.

The event made way for the first transcontinental railroad. Easy cross-country commerce and travel were no longer dreams but reality. The West was settled, businesses boomed, families moved and history was made. The coast-to-coast rails even fueled unrelated successes. The wealth acquired via the railroad boom, as well as from businesses enhanced by the railroads, triggered an increase in stock and bond investments. As businesses prospered, people eager to share in the profits invested heavily. Their investments provided capital that companies needed to expand.

Now, more than 140 years later, U.S. travelers have never faced a better time to take the train. Trains are an energy-efficient form of transportation, and can be more cost-effective than planes or cars.

Enjoy some of America's spectacular sights, and consider riding the rails on your next journey.



A REPEAT OF "QUIET AT NIGHT, PLEASE"

In the July 2009 newsletter there was an article that needs to be repeated.

PLEASE READ CLOSELY

As we get older, we experience the loss of some of the things we took so for granted in the past. One of those things is HEARING. With the loss of our ability to hear as well, it is only natural that we feel people aren't speaking as loudly as they used to and we're constantly asking, "What?" Also, people don't talk as loudly on the television or radio it seems. We often don't realize that they ARE speaking as loudly, we're just not hearing as well. The natural thing to do is turn the volume up.

Please don't—not during the night. There are others who are not hard of hearing, and the noise from your radio or television keeps them from being able to sleep.

There are wireless headphones available to help with this problem. The headphones are very light and comfortable to wear. That way, you can have the volume as loud as you need it and not disturb others.

**BE A GOOD NEIGHBOR—
KEEP YOUR VOLUME DOWN!**

Activity Idea: Guess the Celebrity

Here's a fun, rainy day game for a large or small group. On note cards, write the name of a famous person: a celebrity, musician, sports star, etc. Pass out one card to each player. One by one, each person either acts out a scene involving the well-known person or verbally gives clues as to the person's identity. Everyone else in the group takes turns guessing the star's name.

For variations, stick to only actors or athletes each round. Or, make a rule stating that no words can be spoken while acting out your famous person.

There are many ways to play, but the result is always the same: fun!

**Try this game
with a large or
small group of
friends.**

May 2010



THE APRIL BIRTHDAY PARTY



Rachel Spivey blew out the candles on the birthday cake.

On Tuesday, April 13, we celebrated with our monthly birthday party honoring the residents who had birthdays in April. In the picture above, seated from the left are: Daisy Harrell and Frances Gray. Standing from the left are: Joyce Chatfield and Rachel Spivey. Not pictured is Donna Brown.

We always enjoy our guests coming to celebrate with their families and, as always, we had lots of guests. Mark your calendar and join us.

The birthday party for May will be on the 11th. Each resident can have four guests; so invite your family and friends. We do need reservations so we know how many to prepare for. Please call (404) 296-0962 ahead of time.