



COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Vivian Durden Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8 a.m.–5 p.m.
 Weekends 9 a.m.–5 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962

Emergency - (404) 825-9943

E-mail - marketing@coventryplace-ga.com

Fire, Police, Ambulance - 911

Coventry Beauty Shop - (404) 294-9695

Sierra Therapy - (404) 501-9122

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.

November 2010



EMPLOYEE CHRISTMAS FUND

Many residents and their family members have expressed their desire to show appreciation to the employees by giving them a gift of money for Christmas. There is an Employee Christmas Fund located at the front desk. All monies collected will be totaled and distributed to all employees. If checks are written, please make them payable to "Cash." Please remember that there are 30 employees who make up Coventry Place's staff. The cut-off date for giving is Dec. 22. All of the employees at Coventry Place are grateful for the wonderful residents we have. We join together to wish you a

VERY-VERY MERRY-MERRY CHRISTMAS.

THE EMPLOYEES OF COVENTRY PLACE

WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during October after the newsletter was published and those who will be moving in November.

BE A GOOD
NEIGHBOR AND
SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging, so let's all be good neighbors.

308

Louise Calhoun

420

Kelly Jones

528

Addie Harwell



VETERANS DAY

On Nov. 11, countries around the world honor their servicemen and -women. Known as Veterans Day in the U.S., the holiday began as Armistice Day, marking the end of fighting in World War I.

To honor our veterans here at Coventry Place, we are going to hang our new flag on the flag pole in the front of the building. We'll be asking all of our veterans to be a part of the ceremony and hope all of the residents will join in to honor our veterans.

We will have our flag hanging at 11:30 a.m. on Thursday, Nov. 11. Don't forget.

**THURSDAY, NOV. 11,
AT 11:30 A.M.**

BETTOR or WUSS

Life is hard, sometimes mean,
Maybe work's rewards are lean.

To be a winner in the fray
One has to put one's doubts
away.

Among the most productive men
We find they fail, then try
again.

Again, again, and try some more
With weary legs and muscles
sore.

There is a difference 'tween success
And giving up for something
less.

Persistence is the winner's key
Quitters say "too much for
me."



By John Beavers

QUOTABLE QUOTES

"You can't help getting older,
but you don't have to get old."
George Burns

"I think your whole life shows in
your face and you should be
proud of that." Lauren Bacall



\$200

COULD YOU USE
AN EXTRA \$200? If
your referral moves
into Coventry Place,
not only will you have
a new neighbor, you'll
get \$200.





THANKSGIVING MENU

Turkey and Dressing
 Asparagus
 Sweet Potato Soufflé
 Cranberry Sauce
 Yeast Rolls
 Vivian's Grandmother's Congealed Salad
 Pumpkin Pie

NOVEMBER THANKSGIVING

Let us give thanks at
 Coventry Place

Wear a smile upon your face
 Remember you are not alone
 As you look forward to that
 wishbone.

Bake a pie or a special treat
 November is the month to eat
 A special time—a time to share
 Showing others that you care.

Count your blessings one and all
 Remember them throughout
 the fall
 Think of loved ones old and new
 Whatever you give comes back
 to you.



By Mary Ferry



MEET YOUR NEIGHBOR

The last Meet Your Neighbor social was on Sept. 23. Pictured above are Sylvia Okula, Bernard Mattox, Audrey Walthall, Larry Starks, Eva Webb and Brenda Jones.

Barbara does a great job with Meet Your Neighbor. She covers some information about the building, answers questions and the residents talk about themselves.

We have Meet Your Neighbor about every three months, so watch for it and be sure to come next time.

THOUGHTS

The easiest way to find something lost around the house is to buy a replacement.

Wit & Wisdom

"What we're really talking about is a wonderful day set aside on the fourth Thursday of November when no one diets. I mean, why else would they call it Thanksgiving?"
 —*Erma Bombeck*

"You can tell you ate too much for Thanksgiving when you have to let your bathrobe out."
 —*Jay Leno*

"It took me three weeks to stuff the turkey. I stuffed it through the beak."
 —*Phyllis Diller*

"A boy doesn't have to go to war to be a hero; he can say he doesn't like pie when he sees there isn't enough to go around."
 —*E. W. Howe*

"Vegetables are a must on a diet. I suggest carrot cake, zucchini bread and pumpkin pie."
 —*Jim Davis*

DINING ROOM SERVING HOURS

Breakfast
7:15–8:15 a.m.
Lunch
12–1 p.m.
Dinner
5–5:30 p.m.

THE DINING ROOM
CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

Decatur Heights
Baptist Church
Sunday, 9:20 and
10:15 a.m.
N. Decatur Methodist
Church
Sunday, 10:35 a.m.
1st Baptist Church of
Decatur
Sunday, 9 a.m.
1st Baptist, Avondale
Estates
Sunday, 9:10 a.m.
St. Thomas More
Catholic Church
Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
	1	2
	<p>RENT DUE 10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 3:00 Resident Council Meeting 3:45 Veggie Truck</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Bingo</p>
7	8	9
<p>THE TIME CHANGES - SET YOUR CLOCK BACK</p> <p>3:00 Hymn Sing-along</p> <p>Followed by Chapel Service</p>	<p>10:00 Sit and Be Fit</p> <p>1:30 Dr. John Noonan 2:00 Sit and Be Fit 3:45 Veggie Truck</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit 12:15 Birthday Luncheon</p> <p>2:30 Bingo 2:30 Fire Drill</p> <p>7:00 Decatur Sing-along</p> <p>HAPPY BIRTHDAY, APRIL REID</p>
14	15	16
<p>3:00 Hymn Sing-along</p> <p>Followed by Chapel Service</p> <p>HAPPY BIRTHDAY, JEANETTE FARRAR</p>	<p>10:00 Sit and Be Fit</p> <p>1:30 Dr. John Noonan 2:00 The Movie <i>9 to 5</i> 2:00 Sit and Be Fit 3:45 Veggie Truck</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p>HAPPY BIRTHDAY, MARCELIA DAVIS</p>
21	22	23
<p>3:00 Hymn Sing-along</p> <p>Followed by Chapel Service</p>	<p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 3:45 Veggie Truck</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>12:00 THANKSGIVING LUNCHEON</p> <p>2:30 Bingo</p>
28	29	30
<p>3:00 Hymn Sing-along</p> <p>Followed by Chapel Service</p>	<p>10:00 Sit and Be Fit</p> <p>1:30 Shopping at Walmart 2:00 Sit and Be Fit 3:45 Veggie Truck</p>	<p>9:00–1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:30 Bingo</p>

Wednesday	Thursday	Friday	Saturday
<p style="text-align: right;">3</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>10:30-1:30 Rosie's Jewelry and Gifts</p> <p>2:00 Sit and Be Fit</p>	<p style="text-align: right;">4</p> <p>9:00-1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:00 Arts and Crafts With Anita</p> <p>HAPPY BIRTHDAY, MILDRED HOLTON</p>	<p style="text-align: right;">5</p> <p><u>RENT PAST DUE</u></p> <p>10:00 Sit and Be Fit 2:00 Sit and Be Fit 2:30 Bingo</p> <p>HAPPY BIRTHDAY, JULIA EASSEY AND ANNIS ESSEX</p>	<p style="text-align: right;">6</p> <p>10:30 Hug a Puppy</p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right;">10</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 2:00 Sit and Be Fit</p>	<p style="text-align: right;">11</p> <p>9:00-1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>11:30 Hanging of the Flag and Honoring of the Veterans</p> <p>2:30 Bingo</p>	<p style="text-align: right;">12</p> <p>9:30 Shopping at Walmart 10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 3:00-4:00 69th Anniversary Celebration for Charlie and Dot Bowers - Keith Peters Entertaining</p>	<p style="text-align: right;">13</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p>
<p style="text-align: right;">17</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Publix Shuttle 2:00 Sit and Be Fit 2:00 Wilda's Wellness Workshop</p> <p>6:00 Communion and Worship With the Reverend Tom Hagood</p>	<p style="text-align: right;">18</p> <p>9:00-1:30 Doctor Shuttle 10:00 Sit and Be Fit</p> <p>2:00 Tea Party With Hats and Music With Pam</p>	<p style="text-align: right;">19</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">20</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p> <p>HAPPY BIRTHDAY, IRENE SECKMAN AND GUS MONROE</p>
<p style="text-align: right;">24</p> <p>9:30 Kroger Shuttle 10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle 2:00 Sit and Be Fit 2:30 Vivian's Delicious Delicacies</p>	<p style="text-align: right;">25</p> <p><u>HAPPY THANKSGIVING</u></p> <p>2:00 Rummikub or Scrabble</p>	<p style="text-align: right;">26</p> <p>10:00 Sit and Be Fit 11:00 Dining Out at Red Lobster</p> <p>2:00 Sit and Be Fit 2:30 Bingo</p>	<p style="text-align: right;">27</p> <p>2:00 Games of Your Choice</p> <p>HAPPY BIRTHDAY, TOM SHARP</p>
		<p>November </p>	

Discussion Topic

Fall Leaves

Use this discussion topic to reminisce about your past. Talk with friends about your memories and learn how everyone's experiences were similar or different.

- Do you have a favorite place to enjoy the trees as the leaves change colors in the fall?
- Did your childhood home have many trees on the property?
- Do you have any stories about raking leaves?
- Did you ever own a leaf blower?
- Do you think a rake or blower works better for leaf removal?
- Did you ever get to jump in a pile of leaves?
- Did you ever preserve leaves by pressing them into books?
- What is your favorite autumn leaf color?

SAFARI TRIP GREAT FUN



The tour was made in a safari bus and there were lots of different animals. Some I can't name, so let me know what they are. They saw giraffes ...



... rhinos ...



... ????



... and zebras.



THE SAFARI GROUP included from left: Rosemary, Bernard, Jan, Jim, Jonathan, David, Steve and our driver, Terence. Not pictured are Jane, Susan (Jim's sister) and Barbara.



Albino deer?



Bambi?



A Goat, a Deer and a Pig



Don't camels have two humps?



Up close ...



... and closer!



TOO CLOSE!

Charades

A Day on the Farm

A game of charades is a no-frills way to get moving and have fun with friends. Take a look at the following situations and act them out for an audience, or come up with ideas of your own.

- Grab a basket to carefully (and quickly) collect the chicken eggs.
- Time to feed the pigs: Dump a bucket of slop into the trough.
- Climb up on the tractor: You're plowing a field.
- Sit on a stool and roll up your sleeves: You're milking the cows.
- Find a brush and use long, slow strokes to make the horses look their blue-ribbon best.
- Get down on your hands and knees and pluck those pesky weeds from the garden.

November 2010



THE OCTOBER BIRTHDAY PARTY



LOIS SILLS BOWEN

On Tuesday, Oct. 12, we celebrated the birthdays of all the residents born in October. The resident who had achieved the most birthdays was Lois Bowen, pictured with the birthday cake.

Pictured above are, seated from left: Betty Young, Lois Bowen, Audrey Walthall and Andrea McMaster. Standing are Alice Weaver, Freeman King and John Beavers. Not able to attend were Dorothy Besal, Claudia Lowery, John Foran and Kelly Jones.

We really enjoy our monthly birthday parties and welcome family and friends to come to Coventry Place to celebrate with us. The November party will be on the 9th.

Please call ahead, (404) 296-0962, to make reservations. Each celebrant can have up to four guests at no charge.