



COVENTRY PLACE

www.coventryplace-ga.com

2806 North Decatur Road • Decatur, GA 30033 • (404) 296-0962

Coventry Place Staff Directory

Jo Ann Smith Executive Director
 Barbara Olver Marketing and Activities
 Anita Day Office Manager
 Wilda Johnson Resident Care Director
 Vivian Durden Chef/Dining Service Dir.
 Anthony Leverett Maintenance Director



OFFICE HOURS

Monday–Friday 8 a.m.–5 p.m.
 Weekends 9 a.m.–5 p.m.

COVENTRY PLACE PHONE NUMBERS

Office - (404) 296-0962

Emergency - (404) 825-9943

E-mail - marketing@coventryplace-ga.com

Fire, Police, Ambulance - 911

Coventry Beauty Shop - (404) 294-9695

Sierra Therapy - (404) 501-9122

FROM THE DIRECTOR

Our staff is dedicated to making you feel at home in your new home at Coventry Place. Our job is to make sure that your life in our community is comfortable, safe and enjoyable. We want you to be happy here and to feel you've found a place to stay—that you're part of the family. Thank you for being here.

October 2010



Take in the Sights

October is one of the prettiest months Mother Nature brings us. Take time to enjoy the changing leaves in all their brilliant colors.

Don't Pass the Salt

Eating a salt-heavy diet can raise your blood pressure, increasing your risk for heart attack or stroke. Try reducing sodium in your diet during No Salt Week, Oct. 2-9.

ALPHA HEARING AND BALANCE CENTER

On Wednesday, Oct. 13, at 11 a.m., Alpha Hearing and Balance Center is coming to Coventry Place to offer FREE hearing screenings and hearing aid check-ups. Alpha has been helping people improve their lives through better hearing for over 25 years and is pleased to be able to offer their help and expertise to our residents. We encourage you to take advantage of this service. Sign-up sheets will be available.

WELCOME

NEW RESIDENTS

I know you'll all want to welcome the new residents who moved in during September after the newsletter was published and those who will be moving in October.

BE A GOOD NEIGHBOR AND SEEK THEM OUT.

Watch for the new faces and introduce yourself. Moving to a new home can be challenging, so let's all be good neighbors.

213

Rosemary Sohl

419

Mike Finney

421

Annis Essex

507

Virginia Bostany

\$200

COULD YOU USE AN EXTRA \$200? If your referral moves into Coventry Place, not only will you have a new neighbor, you'll get \$200.



FAN, MALE

Baseball season's in its prime,
Football comes in right on time.

October is the best of all.
Sports page has me in its thrall.

Athletes do what they can
Just entertain the fan.

So line it up and lay it down,
Healthy "Horses" go to town.

Who could want a better flow
While the Autumn breezes blow.



Poem by John Beavers

AGING

Aging: Eventually you will reach a point when you stop lying about your age and start bragging about it.

Some people try to turn back their odometers. Not me, I want people to know "why" I look this way.

Ah, being young is beautiful, but being old is comfortable.

HUG A PUPPY

We have something new happening at Coventry Place. The first Saturday of each month volunteers from the Atlanta Humane Society will bring puppies to visit. Let's let them know how much we appreciate it.

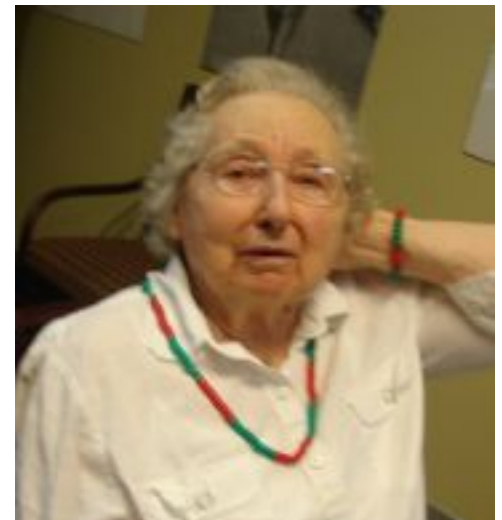


A puppy with Sally



and a puppy with Kay.

ARTS & CRAFTS WITH ANITA



Helen made a bracelet and matching necklace.



THE GEORGIA STATE GIRLS

The Georgia State Girls pictured above from left, "LuLu," Molly and Mary, have been visiting with us at Coventry Place now for a year. We will really miss their happy faces and willingness to help at whatever was going on.

They had a going away party for us. Below are some of those attending.



Bernard, Helen, Sylvia and April



Brenda, Flora, Al and Daisy



Sara, Nick, Lenora, caregiver Kelly and Frances



Walter, Eileen, Jane, Irene and Kay



Alice, Estelle and Naomi

Doctor, Doctor

"Doctor, Doctor, what should I do? I can't sleep at night."

"Sleep during the day. Next."

"Doctor, Doctor, this ointment you gave me makes my arm smart."

"Then rub some on your head. Next."

"Doc, don't you think I should get a second opinion?"

"Sure. Come back tomorrow. Next."

"Doctor! Doctor! I keep forgetting things!"

"When did this start happening?"

"When did what start happening?"

"Next."

"Doctor, Doctor, nobody can figure out what's wrong with me. I've got the oddest collection of symptoms."

"Have you had it before?"

"Yes."

"Well, you've got it again. Next."

DINING ROOM SERVING HOURS

Breakfast
7:15-8:15 a.m.

Lunch
12-1 p.m.

Dinner
5-5:30 p.m.


THE DINING ROOM
CLOSES AT 6 P.M.

BE SURE TO ...

1. Check the bulletin board DAILY for additional activities or cancellations.
2. Listen to announcements.
3. When signing up for a trip to the doctor, put down the time as 30 minutes before your appointment.
4. No plastic, magazines or phone books can be put in the newspaper recycle bins. Do not put newspaper back in the plastic bag.

CHURCH BUS SCHEDULE

- Decatur Heights Baptist Church
Sunday, 9:20 and 10:15 a.m.
- N. Decatur Methodist Church
Sunday, 10:35 a.m.
- 1st Baptist Church of Decatur
Sunday, 9 a.m.
- 1st Baptist, Avondale Estates
Sunday, 9:10 a.m.
- St. Thomas More Catholic Church
Saturday Mass, 5 p.m.

Sunday	Monday	Tuesday
		
3	4	5
3:00 Hymn Sing-along Followed by Chapel Service HAPPY BIRTHDAY LOIS BOWEN	10:00 Sit and Be Fit 2:00 Sit and Be Fit 3:45 Veggie Truck	RENT PAST DUE 9:30-1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo
10	11	12
3:00 Hymn Sing-along Followed by Chapel Service	10:00 Sit and Be Fit 1:30 Dr. John Noonan 2:00 Sit and Be Fit 3:45 Veggie Truck HAPPY BIRTHDAY DOROTHY BESAL, ALICE WEAVER and AUDREY WALTHALL	9:30-1:30 Doctor Shuttle 10:00 Sit and Be Fit 12:15 Birthday Luncheon 2:30 Bingo 7:00 Decatur Sing-a-long
17	18	19
3:00 Hymn Sing-along Followed by Chapel Service HAPPY BIRTHDAY BETTY YOUNG	10:00 Sit and Be Fit 1:30 Dr. John Noonan 2:00 Sit and Be Fit 2:00 Movie - "Meet Me in St. Louis" 3:45 Veggie Truck	9:30-1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo
24/31	25	26
3:00 Hymn Sing-along Followed by Chapel Service	10:00 Sit and Be Fit 1:30 Shopping at Walmart 2:00 Sit and Be Fit 3:45 Veggie Truck	9:30-1:30 Doctor Shuttle 10:00 Sit and Be Fit 2:30 Bingo

Calendar of Events

Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p>	<p>2</p> <p>10:30 Hug a Puppy</p> <p>2:00 Games of Your Choice</p>
<p>6</p> <p>9:30 Kroger Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>10:30-1:30 Rosie's Jewelry and Gifts</p> <p>1:30 Kroger Shuttle</p> <p>2:00 Sit and Be Fit</p> <p>HAPPY BIRTHDAY FREEMAN KING</p>	<p>7</p> <p>9:00-1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>1:30 Arts & Crafts With Anita</p>	<p>8</p> <p>9:30 Shopping at Walmart</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p>	<p>9</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p>
<p>13</p> <p>9:30 Kroger Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>11:00 Alpha Hearing & Balance Center in the Media Room</p> <p>Be Sure to Sign Up</p> <p>1:30 Publix Shuttle</p> <p>2:00 Sit and Be Fit</p>	<p>14</p> <p>9:00-1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Scrabble and Rummikub</p>	<p>15</p> <p>9:30 Scenic Trip to Dahlonaga and Lunch at the Smith House</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p>	<p>16</p> <p>10:30 Visit With Nurse Betsy</p> <p>2:00 Games of Your Choice</p>
<p>20</p> <p>9:30 Kroger Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle</p> <p>2:00 Sit and Be Fit</p> <p>2:00 Wilda's Wellness Workshop</p> <p>6:00 Communion and Worship With the Reverend Tom Hagood</p>	<p>21</p> <p>9:00-1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>3:00-4:00 Happy Hour</p>	<p>22</p> <p>10:00 Sit and Be Fit</p> <p>11:00 Dining Out at the Red Lobster</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p> <p>HAPPY BIRTHDAY JOHN BEAVERS, ANDREA McMASTER and CLAUDIA LOWERY</p>	<p>23</p> <p>2:00 Games of Your Choice</p>
<p>27</p> <p>9:30 Kroger Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>1:30 Kroger Shuttle</p> <p>2:00 Sit and Be Fit</p>	<p>28</p> <p>9:00-1:30 Doctor Shuttle</p> <p>10:00 Sit and Be Fit</p> <p>2:30 Halloween Costume Party</p> <p>Prizes Will Be Given</p> <p>Dolly O'Dell Entertaining</p> <p>HAPPY BIRTHDAY JOHN FORAN</p>	<p>29</p> <p>10:00 Sit and Be Fit</p> <p>2:00 Sit and Be Fit</p> <p>2:30 Bingo</p>	<p>30</p> <p>2:00 Games of Your Choice</p>

CHILDREN?

A kindergarten teacher was observing her classroom of children while they were drawing, walking around to see each child's work.

One little girl was working diligently, so she asked what the drawing was.

The girl said, "I'm drawing God."

The teacher paused and said, "But no one knows what God looks like."

Without missing a beat, the girl replied, "They will in a minute."

A teacher was giving a lesson on the circulation of the blood. To explain this, she said, "Now, class, if I stood on my head, the blood would run into it, and I would turn red in the face."

"Then why is it that while I am standing upright the blood doesn't run into my feet?"

A little fellow shouted, "Cause your feet ain't empty."



'War of the Worlds' Broadcast

On the evening of Oct. 30, 1938, the infamous "War of the Worlds" broadcast began with the following disclaimer, "The Columbia Broadcasting System and its affiliated stations present Orson Welles and the Mercury Theatre on the air in 'The War of the Worlds' by H.G. Wells."

Unfortunately, many Americans tuned in a little late. The popular "Chase and Sanborn Hour" on NBC, featuring ventriloquist Edgar Bergen and his dummy Charlie McCarthy, ran opposite the Welles broadcast. At Chase's first intermission, listeners turning the dial found Welles' Martians emerging from their alien spacecraft.

While many historians believe the

resulting hysteria may have been overstated by contemporary reports, Richard J. Hand, author of "Terror on the Air!: Horror Radio in America, 1931-1952," cited studies saying that of the 6 million Americans who heard the show, 1.7 million believed the broadcasts were real and 1.2 million were truly frightened.

Listeners were misled by the seeming reality of the program. Only three disclaimers were aired: one at the beginning, one 40 minutes into the broadcast and one at the end. Many listeners missed the first disclaimer, and as they left the radio to call or talk with friends about the broadcast, they missed the second. The show itself was structured as a series of news bulletins interrupting a regularly scheduled program.

Welles initially feared the resulting confusion would damage his career but later said the notoriety actually helped.



ALEX SAYS

Don't forget to shop for your costume for Halloween. That was fun last year and the costumes were really good. Let's see if we can top it this year.

I'm going shopping for me and for Alex.

JOIN US
AT OUR HALLOWEEN PARTY
THERE WILL BE PRIZES
DOLLY WILL BE ENTERTAINING
THURSDAY, OCT. 28, AT 2:30 P.M.

Life Styles

The Magic of 'Junking'

One person's old junk is another's ticket to a trip down memory lane. Scouting out garage and estate sales is about more than just finding a bargain. It's also a way to reconnect with your past as you discover a favorite childhood toy, a loved-but-forgotten LP or a set of salad plates in your mother's china pattern.

There's also a vicarious thrill in rifling through another's belongings and getting a glimpse of someone's taste in books or talent for hobbies. You may discover that a stranger has a lot in common with you.

To locate treasure amid the trash at sales, it helps to be prepared. Knowing which woods were favored in which periods can help determine whether a piece is legitimate. Flip over glass and ceramic items. Antiques often will bear a manufacturer's name. If you're a fan of old costume jewelry or vintage clothing, brush up on the popular brand names of the past and look for those labels.

Who knows? You might find that rare collectible that's worth a tidy sum.



WE LIKED MIKE



Mike entertained at our monthly Happy Hour and everybody really got into it.



People were dancing



and we had a good crowd.

CHILDREN?

The children were lined up in the cafeteria of a Catholic elementary school for lunch. At the head of the table was a large pile of apples. The nun made a note, and posted on the apple tray:

"Take only ONE. God is watching." Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies.

A child had written a note, "Take all you want. God is watching the apples."

The children had all been photographed, and the teacher was trying to persuade them each to buy a copy of the group picture.

"Just think how nice it will be to look at it when you are all grown up and say, 'There's Jennifer, she's a lawyer,' or 'That's Michael, he's a doctor.'"

A small voice at the back of the room rang out, "And there's the teacher, she's dead."

October 2010



THE SEPTEMBER BIRTHDAY PARTY



MILDRED "BILLIE" BALDWIN

On Tuesday, Sept. 14, we celebrated the birthdays of all the residents born in September. The resident who had achieved the most birthdays was Mildred "Billie" Baldwin, pictured with the birthday cake.

Pictured above are, seated from left: Charlie Metz, Brenda Jones and Billie Baldwin. Standing are Nick Spivey, Patsy Edwards and Ed Turner. Not able to attend were Chuck Culpepper and Bob Galagher.

We really enjoy our monthly birthday parties and welcome family and friends to come to Coventry Place to celebrate with us. The October party will be on the 12th.

Please call ahead, (404) 296-0962, to make reservations. Each celebrant can have up to four guests at no charge.

Please come.